

QUESTIONS OF HEMATOLOGY AND THEIR ANSWERS

WHAT IS TRUE AND WHAT IS FALSE?

Questions

1 – Iron deficiency anemia

- a) Is usually associated with a raised MCV.
- b) The MCH is usually low.
- c) Is most commonly due to dietary deficiency in North America (USA, Canada), Europe and Japan.
- d) Is associated with a low serum ferritin.
- e) Responds much more quickly to parenteral than oral therapy.

Answers

1 –

- a) False. MCV is usually low.
- b) True.
- c) False. Is most commonly due to bleeding.
- d) True.
- e) False. The rate of response is similar and related to time taken for hemopoiesis to occur (5-8 days).

Questions

2 – Macrocytic anemia

- a) Occurs in renal failure.**
- b) May result from vitamin B12 deficiency.**
- c) Occurs in the context of chronic inflammatory disease.**
- d) May be associated with myxedema.**
- e) May be associated with thalassemia.**

Answers

2 –

- a) **False. Renal failure is usually associated with a normochromic normocytic anemia.**
- b) **True. For example: pernicious anemia, vegetarianism, postgastrectomy.**
- c) **False. The anemia of chronic disease is normocytic or mildly microcytic.**
- d) **True.**
- e) **False.**

Questions

3 – Chronic myeloid leukemia (CML)

- a) Is the commonest form of leukemia worldwide.**
- b) Usually presents with bone marrow failure.**
- c) Is usually associated with the presence of the Philadelphia chromosome.**
- d) May respond to treatment with interferon.**
- e) Usually transforms to an acute leukemia.**

Answers

3 –

- a) False.
- b) False. CML presents with leucocytosis.
- c) True. > 95% of patients have the Philadelphia chromosome t (9;22).
- d) True.
- e) True.

Questions

4 – Chronic Lymphocytic Leukemia (CLL)

- a) Is a cause of hypogammaglobulinemia.**
- b) Is commonly treated with intensive combination chemotherapy.**
- c) Is associated with a median survival of less 2 years.**
- d) Often presents asymptotically.**
- e) Is more commonly derived from B cells than T cells.**

Answers

4 –

- a) True.
- b) False.
- c) False. Median survival is 7 – 10 years.
- d) True. Up to 30% of patients.
- e) True. Up to 95% are B cells.

Questions

5 – The myelodysplastic syndrome (MDS)

- a) May occur as a result of prior chemotherapy.**
- b) Is thought to have a viral etiology.**
- c) May be associated with the presence of sideroblastic anemia.**
- d) May be associated with pancytopenia.**
- e) Is characterized by a reduction in the circulating monocyte count.**

Answers

5 –

- a) True.
- b) False.
- c) True.
- d) True.
- e) False. Monocytes often raised.

Questions

6 – With regard to anticoagulant therapy

- a) Warfarin is safer than heparin in pregnancy.**
- b) The INR is used to control heparin therapy.**
- c) Low molecular weight heparin can be given orally.**
- d) Vitamin K is used to reverse the action of warfarin.**
- e) Should be undertaken lifelong after a single pulmonary embolus.**

Answers

6 –

- a) **False. Heparin is preferable during pregnancy. Warfarin is teratogenic.**
- b) **False. The INR is used to monitor warfarin therapy.**
- c) **False.**
- d) **True. Protamine is used to reverse heparin.**
- e) **False. Three months, unless there are any other thrombosis risk factors.**

Questions

7 – Fresh frozen plasma

- a) Is recommended in the treatment of hemophilia A.**
- b) Is heat treated and therefore free from risk of transmission of viral disease.**
- c) Is useful in the treatment of immune thrombocytopenia.**
- d) Is useful in the treatment of thrombotic thrombocytopenic purpura.**
- e) Must be prepared from whole blood within a few hours of donation.**

Answers

7 –

- a) **False. Factor VIII concentrate or recombinant factor VIII is used.**
- b) **False. It is not heat treated. Viral transmission can occur, although the risk is low.**
- c) **False. Corticosteroids, immunosuppressives, splenectomy and intravenous gammaglobulin can be used.**
- d) **True. Especially in conjunction with plasma exchange and if first depleted of cryoprecipitate.**
- e) **True.**

Questions

8 – Neonatal thrombocytopenia

- a) Can occur in infants of mothers with immune thrombocytopenia.**
- b) Is often due to intrauterine viral infection.**
- c) May be due to transplacental passage of anti-platelet anti-bodies from the mother.**
- d) Often improves spontaneously.**
- e) May be associated with absent radii.**

Answers

8 –

- a) True. Due to transplacental passage of maternal IgG antibodies.**
- b) True. For example, congenital rubella, CMV,.**
- c) True. For example, anti-HPA 1^a antibodies.**
- d) True. Due to half-life of maternally derived antibodies.**
- e) True. Thrombocytopenia with absent radii (TAR).**

Questions

9 – Hemolytic anemia

- a) Occurs whenever red cell survival is reduced.**
- b) Is often accompanied by an serum unconjugated bilirubin.**
- c) Is usually accompanied by increased urinary bilirubin.**
- d) Is predominantly extravascular in hereditary spherocytosis.**
- e) Can lead to kernicterus in the neonate.**

Answers

9 –

- a) **False. Anemia only occurs when bone marrow compensation fails.**
- b) **True.**
- c) **False. The anemia is usually acholuric.**
- d) **True. Hemolysis occurs within the bone marrow and RES.**
- e) **True. This is due to deposition of unconjugated bilirubin in the neonatal brain.**

Questions

10 – An increase in peripheral blood eosinophils (eosinophilia).

- a) Is commonly seen in bacterial infection.**
- b) May be an indicator of drug hypersensitivity.**
- c) Is commonly seen in myeloproliferative disorders.**
- d) Can lead to cardiomyopathy.**
- e) Can occur in connective tissue disorders.**

Answers

10 –

- a) **False. It is commonly seen in parasitic diseases.**
- b) **True.**
- c) **False. Basophilia is much more common.**
- d) **True.**
- e) **True.**

Questions

11 – Hematological changes during normal pregnancy include:

- a) An increase in MCV.**
- b) An increased incidence of thalassemia trait.**
- c) Increased circulating levels of factors VIII.**
- d) Neutrophilia.**
- e) Increased platelet count.**

Answers

11 -

- a) True.
- b) False. **Thalassemia trait occurs independently of pregnancy.**
- c) True.
- d) True.
- e) False. **Platelet count often lowered in pregnancy.**

Questions

12 – Polycythemia vera

- a) Occurs more frequently in smokers.**
- b) May present as gout.**
- c) Many transform to acute leukemia.**
- d) Is frequently associated with raised white cell and platelets counts.**
- e) Is associated with enlarged spleen.**

Answers

12 –

- a) **False. Smokers can develop secondary or spurious polycythemia.**
- b) **True. This is due to hyperuricemia.**
- c) **True. Approximately 5% of cases.**
- d) **True. In two-thirds of cases.**
- e) **True.**

Questions

13 – Platelets

- a) Are an important source of thrombin.**
- b) Are often multinucleated.**
- c) Are often increased in number in patients with iron deficiency.**
- d) Will aggregate in response to ADP.**
- e) Are sometimes reduced in number in von Willebrand's disease.**

Answers

13 -

- a) False. They are source of thromboxane.
- b) False. They do not have nuclei.
- c) True.
- d) True.
- e) True.

Questions

14 – Hematopoietic stem cells

- a) Are derivated from the thymus.**
- b) Circulate in perpheral blood.**
- c) Are progenitors for plasma cells.**
- d) Do not express the CD 34 antigen.**
- e) Decline in number with increasing age.**

Answers

14 –

a) False.

b) True.

c) True.

d) True.

e) True.

Questions

15 – With regard to autosomal recessive conditions

- a) G6PD deficiency is an example.**
- b) Hereditary spherocytosis is an example.**
- c) There is a 1:2 chance that the offspring of two carriers will be homozygous.**
- d) The carrier state may be associated with a small survival advantage.**
- e) There is usually a disease – related mutation within a single gene.**

Answers

15 -

- a) **False. It is sex-linked.**
- b) **False. It is autosomal dominante.**
- c) **False. There is a 1:4 chance.**
- d) **True.**
- e) **True.**

Questions

16 – The following are known to cause aplastic anemia:

- a) Chloramphenicol therapy.**
- b) Malaria**
- c) Amyloidosis.**
- d) Viral hepatitis**
- e) Renal cysts**

Answers

16 –

a) True.

b) False.

c) False.

d) True.

e) False.

Questions

17 – The following are risk factors for thrombosis

- a) Hemophilia B.**
- b) Resistance is activated protein C.**
- c) Nephrotic syndrome.**
- d) Raised levels of plasma homocysteine.**
- e) Paroxysmal nocturnal hemoglobinuria.**

Answers

17 -

a) False

b) True.

c) True.

d) True.

e) True.

Questions

18 – Important causes of humoral immunodeficiency include:

- a) Pyruvate kinase deficiency.**
- b) Multiple myeloma.**
- c) Indolent non-Hodgkin lymphoma.**
- d) Lymphadenopathy.**
- e) Presence of factor V leiden.**

Answers

18 -

- a) False. This is a red cell enzymopathy.
- b) True.
- c) True. As in chronic lymphocytic leukemia.
- d) False.
- e) False.

Questions

19 – Disseminated intravascular coagulation

- a) Is commonly seen as a presenting feature of acute promyelocytic leukemia.**
- b) Is usually associated with a raised platelet count.**
- c) Is usually associated with reduced fibrinogen levels.**
- d) Is usually associated with a prolonged APTT.**
- e) Is usually associated with a normal TT.**

Answers

19 –

- a) True.
- b) False. The platelet count is usually low.
- c) True.
- d) True.
- e) False. Usually prolonged.

Questions

20 – Protein C

- a) Levels are reduced in vitamin K deficiency.**
- b) Deficiency predisposes to skin necrosis after commencing oral anticoagulant therapy.**
- c) Levels are inversely related to protein S levels.**
- d) Levels are reduced in liver disease.**
- e) Deficiency is a risk factor for thrombosis.**

Answers

20 –

- a) True.
- b) True.
- c) False.
- d) True.
- e) True.